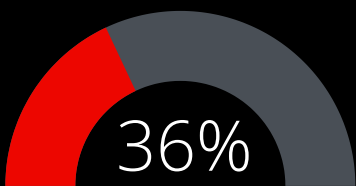




VETERANS & EAS

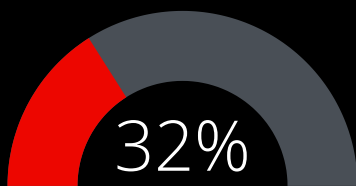
The use of equine assisted services (EAS) in the treatment of veterans with PTSD and depression is a new program yielding promising results!

EAS has been found to reduce PTSD symptoms by an average of...

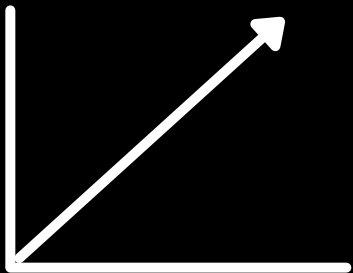


[Lanning et al., 2018;](#)
[Zhu et al., 2021](#)

EAS has been found to reduce symptoms of depression by an average of...

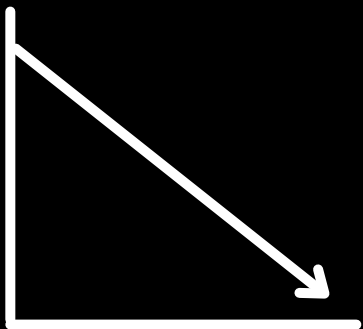


[Lanning et al., 2018;](#)
[Zhu et al., 2021](#)



Significant increases in self-confidence.

[Lanning et al., 2013](#)
[Duncan et al., 2014](#)
[Lanning et al., 2017](#)



Significant reduction in self-reported anxiety.

[Ferruolo et al., 2016](#)
[Lanning et al., 2017](#)